

SECTION 7 – NORDIC SKI MEET
THURSDAY, FEBRUARY 5TH, 2009
GIANTS RIDGE GOLF & SKI RESORT
1-800-688-7669 - Deb Maki's ext 3409

Order of Events:

8:45 am Volunteer meeting in timing bldg.
9:00 am Coaches meeting in timing bldg.
10:00 am Boys Classic Race
11:00 am Girls Classic Race
1:30 pm Boys Skate Pursuit Race
2:30 pm Girls Skate Pursuit Race
3:45 pm All Coaches meet to approve results
4:00 pm Awards Ceremony

Please read carefully all information sent in this packet. All coaches are encouraged to visit the MSHSL's web site for any section/state info. A "Navigating the Web" card is enclosed to assist you.

Please fully complete in duplicate the 48 hour section entry card. Send one copy to Deb Maki, P O Box 505, Biwabik, MN 55708.

All entries should **clearly** state name, grade, school and gender.

Send your entries to:

Steve Deschene, 170 Linnell Road, Grand Marais, MN 55604

E-mail (preferred method): timing@boreal.org

or on-line at <http://www.boreal.org/~durfee/>

Entries are due before 6:00 pm, Tuesday, Feb. 3rd, 2009.

You may make changes until 8:30 am on race day. At 9:30 am race day, a start list will be given to all coaches.

There will be a race jury. Giants Ridge requires trail passes if you are skiing the day before - \$10.00 @ Group Services – Training Center. Non-participants skiing on race day are also required to have trail passes - \$10.00 @ Group Services.

All participating schools are asked to bring 1 warmly dressed ADULT Volunteer to help with running the race (bib removal, etc). They should meet with Deb Maki @ 8:45 am in the timing bldg. We will also need a few sharp, quick students to help Steve in timing booth. Sometimes, student managers help with this. Let me know if you have someone for Timing booth.

Payment - All checks should be made to: **Region 7A** – payment must be made at 9:00 am – before bib pick up at coaches meeting

Price - \$40.00 per boy's team, \$40.00 per girl's team or \$10.00 per indiv. skier

Results will be posted at <http://www.boreal.org/~durfee/> or

<http://www.skinnyski.com> Meet Manager: Deb Maki, 1-800-688-7669, ext 3409 or e-mail pepsichallenge@giantsridge.com

**WELCOME TO THE
SECTION 7 NORDIC SKI MEET**

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11:00 am	Girl's Classic Race
1:30 pm	Boy's Freestyle/Skate Pursuit Race
2:30 pm	Girl's Freestyle/Skate Pursuit Race
3:45 pm	All Coaches meet to certify Results
4:00 pm	Awards Ceremony